

# "RABIBOCHÉES"

Spectacle de cirque dès 3 ans  
A Circus show for 3 years old and plus



Cie Breaked & Cie L'Algue rousse

# RABIBOCHÉES

*Cute name in French to say "Patched up", after a quarrel.*



"Yes, we are. The two of us, Sasha and Lulu.

It's been a long time and we're still here, laughing out loud.

Since when, how, we don't know anymore. What we know is when the two of us are together,  
nothing is better.

You laugh? Yes, then I laugh too.

I play? Then you play too.

Hey! That was too strong for me, it hurt and I don't like it. But surely, you'll see, we'll make up.  
Around a trick, at the edge of a burst of joy, in the middle of a spontaneous dancing moment."

**"Rabibochées"** is an ode to friendship, that bond that surrounds us every day, builds us, nourishes us, and makes us love life.

**"Rabibochées"** is a circus show without words, where circus techniques are the language. A show where the movements support the story and the relationship between the two characters, Sasha and Lulu.

**"Rabibochées"** is a door open onto two characters who already know each other, who play together in genderless games and will continue forever. Through agreements and disagreements, they juggle the line of sincerity and understanding to continue building their relationship.



# DESCRIPTION

The show starts as soon as you enter the room, all the textual information having been provided before the doors open. Everyone can then enter, sit down, and settle in at their own pace. Everyone can notice the stage, the set, the absence of performers (they are hidden), the lights, in the order that suits them, there is time for that.



Game after game, we discover who Sasha and Lulu are.

Some of these games are collaborative, others are synchronization games, some proposed and followed, others proposed and forgotten. There are games that go too far. Reconciliation and forgiveness games. Skill games, challenges to be accomplished together, gentle and poetic games, funny games, calm games, there are games.

At one point, in the middle of all these games, it gets too intense, it becomes unbalanced, it crosses the line, and there is a rupture. It's like a big dispute that erupts. We then see Sasha and Lulu trying to understand how to fix it.



Will it play the same after?

## AND CIRCUS IN ALL OF THAT?

**We** have developed our vocabulary through play and creativity, creating universes through juggling, acrobatics, and movement.

Sasha and Lulu make contact, weave bonds of trust and attention to each other through partner acrobatics. They console each other through touch.

They joyfully attract each other by proposing juggling challenges. They manipulate and repurpose bobbins to create universes.

They "acro-dance" because there's nothing stronger for these two than their bodies expressing their joy by dancing wildly to provoke complicit laughter from their partner!



## SCENOGRAPHY

**A**part from bodies, the show moves bobbins. Some large, some small, made of wood, they have come to us to live their fourth life. Initially textile factory objects, they were later used in young public dance performances by the Félicette Chazerand Company before arriving to us. It is with the eye of Marie Kersten, set designer and costumer, that we re-tamed these well-used objects and integrated them into the "Rabibochées" universe.

They carry us and we can lift them. Between our two bodies, they become a partner in acrobatic. Under our feet, they transform into perfectly fitting dance shoes.

**T**here are also ropes, also reclaimed, from Alexis Rouvre of the Modogrosso company. Perfect illustrations of the relational bond in the collective mind, the rope is both an element of scenography and a juggling prop. On the floor at the front of the stage, it serves as a clear and implicit limit between the space of Sasha and Lulu and the space of the audience. Manipulated, on the ground or in the air, it creates undulations and ties the characters together.



# MUSIC

All these images, all these objects, and these two bodies are accompanied by original music composed by Olivier Thomas. Speaking of a musical atmosphere would be more accurate, as the rhythm of Sasha and Lulu's play is the main music. As rich and variable as emotions in life, this soundtrack supports the continuous thread of one rhythm to another, giving the right place to impactful silences. From lullabies to dancing pieces, the sound envelops you in its mischievous arms.



# RABIBOCHEES FOR YOUNG AUDIENCES

Today in 2024, we live in a world of performance, excellence, profitability, efficiency, speed, ...

In "**Rabibochées**", we play, we dedicate time to discovering the other, to the pleasure of existence, to feeling our bodies moving, to experimenting with our senses, to the pleasure of accomplishing small things and laughing about them. Our society lacks such representations. We wish to be part of the young audiences shows that propose moments where the stakes are the game, and where success, great glory, and honor are not part of the equation.

**The fundamentals of "Rabibochées" are**

the body  
the circus  
the creativity  
the kindness

It is through a narration that aims to be as simple and readable as possible that we address these subjects to children from the age of three.

"**Rabibochées**" is a meeting between two individuals - Sasha & Lulu, and the audience.

An audience that we have truly chosen.

Our bodies move for children aged three to seven. Rhythmically, spatially, thematically our choices concern them.

Being relevant and truly connected with this age group has been our priority during the creation.



We were all children, if the adults present open their hearts, they will have a beautiful, dynamic, and touching moment because "**Rabibochées**" is also for all ages.

# THE BODY

That tool that composes us and that we too often neglect in the adult world, we want to put it at the center of attention.

Create movement : **A project**

That it vibrates in the bodies of the comfortably seated spectators : **A desire**

For a simple step or for expressive art, our body is there to be inhabited, experienced, and pushed to its limits. Endorphins, happiness hormones, exist. Let's take advantage of them!



**Dance, gesticulate, jump, run, feel,  
that's what we want to share with  
"Rabibochées".**



In this world of social distancing, screens, and technology, we observe a lack of connection between the youth and their bodies. Yet, experimentation through the body is essential for self-construction. Staying in motion, practicing an artistic or sport discipline, allows one to stay connected to their body. And being connected to our body means being connected to ourselves and also to the world around us.

In "Rabibochées", Sasha and Lulu's motion is circus.

# THE CIRCUS

Circus world offers a welcoming and safe world where people can experiment, learn, and develop their talents and skills within a caring community. The stakes in the circus require listening, respect, attention to oneself and others, trust, safety, mutual aid, responsibility, commitment, humor, humility, and letting go. These practices impact the development of self-esteem, courage, and self-confidence.

Sasha and Lulu defy circus disciplines to transform them into games: juggling, partner acrobatics, movement, hand balancing are used to create a bond with the other. We choose not to center the show on technique itself but to use it as Sasha and Lulu's language.

We support practice, learning, creativity, and no competition.



# THE CREATIVITY

With this show, we also hope to invite the audience to leave a larger place for creativity in their lives. Let's dare to invent new things. We are in a society of the instant entertainment, while there are so many things to invent with the objects and people around us.

**"Rabibochées"** is an invitation to keep that childhood strength and openness that is priceless. The one that jumps at every opportunity to let our emotions vibrate and invent imaginary worlds and games.

Sasha and Lulu tame the material around them. Bobbins, ropes, juggling balls, everything becomes their playground.



# THE KINDNESS

Today, choosing kindness over competition and rivalry is political.

We are convinced that if our relationships are healthy, if we prioritize care, empathy and kindness, we could live in a much healthier society than ours.



During the show, Sasha and Lulu have a misunderstanding. We observe them finding the path to repair and continue their great friendship story.

**"Rabibochées"** creates a safe cocoon where mistakes and bad decisions coexist with repairs and kindness. We want to show very young children these possibilities of relationships, invite them to maybe reproduce them in their lives through imitation.

**We are well aware that we do not change the world with a show, but sharing our values is dear to us. Maybe it can set beautiful thoughts in motion?**

# PARTNERS & CREDITS



Coproductions : Pierre de Lune - Centre scénique jeune public de Bruxelles, Centre culturel du Brabant wallon

With the support of : la Fédération Wallonie Bruxelles (Service Général de la Création Artistique - Service des Arts Forains, du Cirque et de la Rue)

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A huge thanks to **Compagnie Félicite Chazerand & Cie Modo Grosso** for the scenography elements of bobbins and ropes.



# ARTISTIC TEAM

**C**ollaboration between : **Cie Broken & Cie L'Algue Rousse**

**A**rtists & authors : **Suzon Gheur & Jeanne Decuypere**

**L**ighting designer and stage manager : **Adèle Evans**

**M**usic composer : **Olivier Thomas**

**C**ostume and scenography : **Marie Kersten**

**T**heatre eye : **Valérie Joyeux**

**G**raphic designer : **Mélusine Gheur**

**V**ideo maker: **Alex Allison**

**P**hotographer : **©Doetsch.be**

**A**ccomplices : **Pierre Viatour & Jeanne Delhausse**

**D**istribution : **Céline Meurice - Nouveau Monde Diffusion**





## A collaboration between Cie Breaked & Cie L'Algue Rousse

CIE BREAKED

← click here



But what does "breaked" mean? It's a false anglicism of the word 'broken'. Under this intended misspelling lies the guideline of this circus company created in 2018 by **Suzon Gheur**.

Her company plays with the rules and by that, reminds us that our body is a vector of limitless possibilities where everyone can find themselves.

With its shows, **Breaked** tells stories where creativity and frankness enhance the power of performance and sweep away stereotypes. It questions what society shows as normality and proposes a diversity of paths on stage. It inspires the audience to be themselves without judgment.

The challenge is not to be moralizing but to set thoughts in motion.

click here →

CIE L'ALGUE ROUSSE

Created in 2023 by the circus and movement artist **Jeanne Decuyper**, **L'Algue Rousse** is a company with the main intention of lighting a small flame in the heart of every spectator who has the opportunity to attend its creations.

By its fluidity, the algae dances continuously. From one curve to another, it acts and reacts, movement creates its life.

**L'Algue Rousse** hosts projects and shows with their own atmospheres and universes that combine juggling, rhythm, movement, singing, words, to create impactful languages close to our sensations.

Jeanne is convinced that art is essential and makes us profoundly alive. It can move, touch, heal, teach, transmit and that's why she is an artist today. To give life!



# TECHNICAL RIDER



## SHOW

40 minutes  
no words  
from 3 years old

## CAPACITY

schools : 130  
general public : 150

## DIMENSIONS

stage : 7m/7m (min 6m/6m)  
height under grid : 5 to 7m  
(min 3.5m)

floor: black Marley  
0% slope

configuration: black box, frontal  
*Ideally raked seating and stage  
on the floor.*

## GET-IN

pre-setup before the  
company's arrival

1 service of 2 to 4 hours for  
setup ( 1 company stage  
manager + 2 venue stage  
managers)

## GET-OUT

1 service of 1 to 2 hours  
( 1 company stage manager + 1  
venue stage manager)

**A question, a doubt? Contact us!**

## LINK TO THE TEASER

or on YouTube: "Rabibochées" teaser cirque jeune public

## USEFUL DOCUMENTS

or send an email to [nouveaumondediffusion@gmail.com](mailto:nouveaumondediffusion@gmail.com)

# CONTACTS



## TEAM CONTACT

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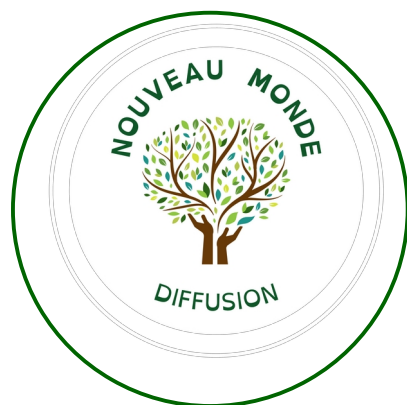
# DISTRIBUTION

## NOUVEAU MONDE DIFFUSION

A support office in **distribution** and **promotion**, of shows and small artistic forms aiming towards new narratives joyfully implementing a desirable future for humans, with alternatives ways to meet, nourish, move, help, celebrate, love... And therefore other ways to sublimate our humanity and respect life in all its forms.

In all artistic disciplines and for all ages, our projects and the artists who implement them offer you a shift, a step aside from the world as we know it, **imagine other possibilities** in connection with ecology, social justice, gender equality, health, mutual aid, solidarity, human rights, or the wonder of the living... inspire you to take an active part in this great paradigm shift we are experiencing...

To be **accessible** to as many people as possible, the shows that **NOUVEAU MONDE DIFFUSION** supports are mostly chosen to tour in the most adaptable and "all-terrain" manner possible to be welcomed in schools, village halls, outdoor festivals, as well as in equipped and recognized cultural venues, as close to the public as possible.



### DISTRIBUTION CONTACT

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SASHA & LULU  
"RABIBOCHÉES"